



Points East

Meeting at the Woodlawn United Church
53 Woodlawn Rd. Dartmouth

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<https://thegraphicsfairy.com/vintage-clip-art-antique-sewing-machine-table/>

President's Message

Hello Fellow Quilters:

I hope everyone had a great holiday and you are all looking forward to a New Year which includes our mutual love of quilting. I am planning to quilt more this year as I tend to do more sewing of blocks and tops than quilting and I have quite a few items at the ready to be quilted stage. While thinking about quilting resolutions, I came across this New Year's resolution reflection by Donna Ashworth on a quilting blog and thought it was worth repeating:

On the stroke of midnight tonight, you can resolve to be better, if you like... to be fitter, to eat cleaner, to work harder.

On the stroke of midnight tonight, you can resolve to become a whole new you, if you so choose. Or you can take a moment to acknowledge all you already are. Because it's a lot. You're a lot. And you deserve to be commended.

On the stroke of midnight tonight, perhaps you could congratulate yourself for coping. For breaking, again, and for rebuilding, again. For catching the stones life has thrown at you, and using them to build your castle that little bit stronger. You have endured, my friend. And I don't see the need to resolve to become a whole new you, when you are already so very much indeed.

Happy New Year. You made it. Now let us face another 365 day-turn, arms wide, accepting, embracing and 'seeing' each other, for all we are.

As we get into wintry weather (maybe?) just a reminder that if school is canceled due to bad weather on the day of our meeting then our quilt meeting is also canceled. We will also send out a cancellation email so please check your email before leaving home. If you're not comfortable driving during the winter, we look forward to seeing you at our meetings again in the spring! Speaking of weather, I've been seeing a lot of talk online about Temperature Quilts and wondering if anyone has made one? If so, maybe you could bring it for Show and Share.

Until we meet again, may your bobbin always be full!

Upcoming Events

January 19th

Next meeting: 7:30p-9:00p

Doors Open at 7pm

Reminders

Bring your name tags (you need them to win a prize & they help us learn who you are).

Money for 50/50 draws
(Although it's not required, smaller bills are appreciated.)

Please be respectful of those who still wish to social distance.

Executive Elections

Workshop Coordinator

Our general elections have been completed but if you, or someone you know would be interested in assisting the guild arranging fun and exciting new things perhaps the workshop coordinator is the right position for you!!

Quilt Musing

Jane Maddin

I was thinking about what it takes to get good at something new... and the reason that I was thinking about this is because I got a Wood Chip Carving kit for Christmas. I love to try new things and I am pretty good with my hands. I did not know anything about chip carving – and I am a bit klutzy so I was worried about the idea of a kit that had the words Wood and Carving in the title, because I reasoned that there would be sharp implements. (And I was right.) However, I did want to be able to do it. The finished project was a very complicated looking picture frame and I thought it looked great... So.

When I opened the box, the 'instructions' included a page with the contents of the kit and a QR code that was meant to lead me to a video, and a PDF document with instructions. First trick. I had NO idea what to do with the QR code. I searched Lee Valley where the Made By Me kit came from and I even googled how to read a QR Code. And Google failed me. (I am a library technician by training and I can find just about anything on the interwebs... but QR codes can be read by smart phones, and everyone knows that... right?) I have a smart phone, but I didn't think of it. (I also did not want to look at this video on my phone's screen. I wanted to see it on my computer where I could print the 18 page document, and watch the video where I could actually see what was happening.) But the truth is that I simply didn't think of it. I have an iPad and I have successfully taken a photo of a QR code with it before, but this time I just ended up with a photo of a QR code. (Not useful.) Eventually it occurred to me that I needed an app to read the QR Code. I downloaded a free one with more than 4 stars and managed to find the video and the PDF document. Bingo, I was in.

I watched the 16 minute video, and then went and quilted for awhile. When I learn new things I often need to let them sort of sift into my brain. And sleeping on them seems to help. (What did not help was that the pattern that the expert had drawn onto his frame was SO complicated, I couldn't even figure out what he had done!) The next day, I skimmed the PDF document – at least the first part that talked about practicing. And I practiced! I practiced in small time slots, and when I got tired, I put everything away, and stopped. I practiced even when it was obvious that I was the worst Chip Carver that the earth had ever hosted. I practiced when I didn't see any improvement. I practiced when the instructions said, on day one you will practice. And on Day 2 you will be ready to start your project. I'm hear to tell you that I wasn't sure how many days Day 1 was going to take me, but it certainly wasn't just one day. (This always reminds me of Whatshername's (Google to the rescue) Eleanor Burn's Quilt in a Day... her days have more hours than mine. Or her attention span is more concentrated than mine!) About 4 days in, I had a look at the pattern, and realized that it was beginning to make sense to me. I drew that on the back of practice blank (a fancy name for a 4 by 12 inch piece of basswood, which has TWO sides!) I had filled the front with absolutely abysmal squares and triangles to slightly better ones, to some that were okay, to a couple that were just as good as the ones that the expert was making every time! I drew the pattern on the back and I did some chipping. And when I got tired I put it all away. When I had it almost

Programs

Ron Cleaveley & Elaine Gray

Carole McCarville will be doing a 2022 CQA Challenge Quilts Trunk Show at the January Meeting. This should be an interesting and inspiring show.

We are always keen to hear or read any suggestions for future program events.

Just send us an email or catch up with us at a meeting.

Join Carole McCarville, CQA/ACC Executive Director, as she brings the "2022 Rewire Individual CQA/ACC Member Challenge" and the "2022 Reaffirm CQA/ACC Member Guild Challenge" quilts to the Mayflower Quilt Guild for a trunk show. These thirty wall hangings, which were displayed at Quilt Canada 2022 in Vancouver this past June, are a wonderful example of Canadian quilters imagination and talent.

And have you heard.... Quilt Canada 2023 is coming to Halifax on June 7-10?!?

Perhaps after seeing the 2022 challenge quilts you will be inspired to create an entry for one of the 2023 challenges to be displayed in Halifax next June. In addition to the trunk show, Carole will give you detailed information about QC2023, including how you can help by volunteering to show quilters from across Canada and beyond what Nova Scotia hospitality is all about.

finished I discovered that he had done something that I had to figure out... took me three tries and I'm pleased to tell you that the third try completely cut out the mess that the first two tries made!

And I learned things! I learned that Practice does lead to improvement. I learned when you are brand new at something, cut yourself some slack... don't give up! I reminded myself that nothing handmade is perfect. It needs to be 'good enough'. (And it is handy if your standard for 'good enough' is reasonable.)

I learned that it is okay not to be in a hurry. The goal was not to finish the kit... it was to be ABLE to finish the kit. (That being said, I will finish the picture frame tomorrow.) Something else I discovered, and I'm not sure whether this is the difference between traditionally male crafts and traditionally female ones. This kit didn't not come with a pattern to put on the frame. They encourage you (a complete novice) to pick your own design, put it on the frame, and then do the chip carving. I am struggling to think of one thing that would be traditionally designed for women... recipes, knitting, crocheting, tatting, cross stitch, embroidery, painting, quilting, needlepoint, sewing, quilting, or rug hooking where they show you how to do something and then say, "Here's how the rulers, rotary cutter and sewing machine work. Good, now go ahead and design your own quilt." That was an eye opener too!

So, I say, go ahead and learn something new! Curved piecing? Knitting? Wood Carving? The world is your oyster. Be careful of the sharp things, take your time, practise, ask for help if you need it and remember to allow yourself time to build up some expertise!

Yours in Quilting, Jane Maddin, Butcher of Blocks

Presidents Picks

Kathy Porter-Cunningham

Tracy of The Sewing Channel has a video tutorial on how to make a magic hotel pillowcase. It is made similarly to the burrito method of making pillowcases so there are no raw edges of fraying fabric inside. The difference is the decorative band of fabric is only on the top edge and the back edge has a flap which holds the pillow securely inside.

[YouTube: https://youtu.be/qll41DOuHes](https://youtu.be/qll41DOuHes)

Cindi Rang of The Fabric Patch has a very interesting way to make a quick lined apron with pockets in two sizes. Or an even quicker apron using a towel and a quilt block for a decorative pocket.

YouTube tutorial: https://youtu.be/sbF_jXIGBvk

Megan of Tiny Orchard Quilts has an amazing (to me anyway) tutorial and pdf pattern on how to make a Magic No Scrap Herringbone Quilt using any size of strip you desire. Just make sure to cut all your strips to that same measurement and it will work with no trimming off and discarding of jagged edges. She used rather small strips for the tutorial but bigger strips



Social Media

Good day from Social Media!

We are steadily growing our followers. We already have 80 followers on Instagram! We're always looking for things to share on our social media so if you have something, please email mayflowerqgsocial@gmail.com. Have ideas of what you would like to see on our social media? Let us know! Fun challenge for November! Send a picture to the social email of your Christmas scraps piles, let's inspire others to use their scraps to make awesome projects. Who has the biggest pile? Until next time!

Instagram
[@mayflowerquiltersguild](https://www.instagram.com/mayflowerquiltersguild)

Twitter
[@MayflowerQG](https://twitter.com/MayflowerQG)

Encourage family and friends to follow too, let's start building our presence and attracting new people.

We want to show your support to our fellow members! Let us know your social media info so we can share it everyone.

would make it easier. There are some partial seams, but if you have made some of Rita Solkin's Bright Hopes block for January you're all set!
YouTube tutorial: https://youtu.be/p9ti_LPOz5w
Free pdf: <https://tinyorchardquilts.com/products/zipper-herringbone-quilt>

Laura Coia of SewVeryEasy has a tutorial on how to make a sewing machine cover and table topper custom fit to your own machine including a cutout for your sewing machine handle so you can carry your machine with the cover on it. She also shows how to make two layers of pockets on both the front and back to accommodate your specific requirements.
YouTube tutorial: <https://youtu.be/WqlcMmvF-Xo>

Marie Hunter has suggested this link to a quilted shawl.

https://www.youtube.com/watch?v=Y8_XvvkKjyM



Quilted Hug Project

Quilted Shawl

Block of the Month

Rita Solkin

February's block is, you guessed it, a Valentines block! The difference is that there is no pattern, just a size - a finished block that is divisible by 3.

Make as many hearts as you like, in any color combination; it could be the most loved quilt of all!

Donation Quilt Sizes

IWK: Preemie - 24x24 up to 36X36 *These quilts must be 100% cotton, thin batting, with flannelette or cotton batting. Machine quilted with cotton thread

Bryony House: Various sizes from Crib, 30x46 up to 36x50; Youth, 45x60; Lap size for older children and mothers, 50x70

Police Cars: Crib size, 30x46 to 36x50

Mental Health Foundation: Single bed, 65x88

Quilts of Valour:

Approx: 55x70, they do not have to be red & white

Each month our members show how much they care about those in our community through their donations of quilts, time and food and these donations are collected by several members of our guild to be distributed to the proper locations.

We are hoping to make this task slightly easier for those collecting the quilts by putting a small piece of paper with a safety pin on a corner or the back of the quilt to identify the proper organization to receive the quilt.

We feel that it is important that these quilts are delivered to the organization that you intended them for, and this will help avoid confusion.

Treasurers Report

Leslie Dixon

Treasurers Report

For the 8 months ended 31 December 2022

	Actual to 31 Dec22	2022-23 Budget
Opening bank balance 30 April 2022		
Income		
<hr/>		
Membership		
50/50		
Miscellaneous		
Total Revenue		
Expenses		
<hr/>		
Books		
Newsletter		
Rent		
Program costs/Prizes		
Administration		
Publicity & Promotion		
Postage		
Insurance		
Post office box		
Web Hosting		
CQA Sponsorship		
Membership/ 50/50 Costs		
Total Expense		
Balance 31Dec22		

Membership

Linda Mayette

It's renewal time!

We are excited to come back to the Guild and see everyone again.

You will find the renewal form at the end of the newsletter for you to print, fill in and mail or bring to our guild meeting. I will have a table at the meeting waiting to welcome you back, and accept your renewal from and dues. I will have some copies with me if you can not print at home.

Life Members, could you please also fill in the form so that we can check if our records need to be updated.

Open Sew Day

Karen Maley

Upcoming open sew days will be held on Thursday afternoons 1pm – 4:30pm on the following dates:

Jan 12
Jan 26
Feb 9
Feb23
March 9
March 23

I am have an email list for regular participants, if you would like to be on that list please email me at karenacmaley@gmail.com.

My phone number is 902-477-3251 (H) or 902-471-2157 (C)

November Minutes

Mayflower Quilters Guild

November 21, 2022

Nice turnout tonight with 51 members, two of which are new!

The usual housekeeping items -

Cell phone on vibrate. Masks are required. Must be wearing a name tag to be eligible to win a door prize. The church is a scent free environment. Please be sure to sign the attendance book. If evacuation were ever required, we would meet at the pond side of the parking lot and we can ensure everyone is out by using the attendance book. Garbage is to be put in the provided bags. If you are able, please help to stack your chair at the end of the evening. Tables must be sanitized before they are put away. And for safety reasons please leave the building in pairs or groups.

Margaret Biggs-Melanson moved for the adoption of the **October Minutes** as printed in the November newsletter. It was seconded by Kim Burgess. All in favour. Motion passed

Leslie Dixon moved for the adoption of the **Treasurer's Report** as printed in the November newsletter. It was seconded by Elaine Gray. All in favour. Motion passed.

Does being an **Assistant Librarian** or **Workshop Coordinator** tickle your fancy? We would really like to find volunteers to take on these positions!!! Thanks to Suzanne Claveau for filling in until we can find a new Assistant Librarian.

Book Reviews

'New York Beauties and Flying Geese' by Carl Hentsch - Jane Maddin made a quilt and a pillow inspired by this book and orphan blocks that she received.

'Sewing Machine Reference Tool' by Berne Tobisch - Rita Solkin described this book as a great reference book for trouble shooting problems with several different kinds of sewing machines. She suggested checking out 'Art East Quilt Company' to see Bernie's machine presentation.

Members were given an opportunity to check out these books at the break and it was decided that both books would be purchased for the guild library.

Block of the Month

There were 11 Kaleidoscope blocks completed and a collection of strip pieces for the winner to make more. And the winner of the blocks is nope, you will have to wait!!! The next Block of the Month is named 'High Hopes' and the requested colours are blue, white and purple. (Jane is happy about the purple, Davida ... well, not so much ... teehee!) 'High Hope' measurer 9 ½ inches square.

President's Challenge

Jane reminded us that the Inspiration Quilt President's Challenge is due at the December party. Only a couple of weeks left. So hurry, hurry, hurry! Still time to get started!! There will be a 1st, 2nd and 3rd prize as well as President's favourite prize!

Sew Days - Karen Maley

Sew Days are scheduled for Thursday, November 24 and Thursday, December 8 at the St. Andrews Community Center 1 p.m. to 4:30 p.m.

Quilts of Valour

Next meeting is on November 23rd 9:30 a.m. to 3 p.m.

Food Bank and Bead Bags

A reminder that Cheryl Borden collects food and monetary donations for the Food Bank. She also collect finished Bead Bags for the IWK. The pattern for the bead bags was send out via email and there are also printed patterns available.

Program - Ron Cleaveley and Elaine Gray

“A Pattern is Just a Guide’. Have you ever taken a pattern and finished it not quite as intended. Ron Cleaveley, Jane Maddin and Kathy Porter Cunningham each had a couple of samples to share. Gillian McDougall had one example to share. You can see them all along with all the Show and Share and Comfort Quilts when Lorna D’Orsay shares the quilt pictures via email.

The Draws!

No maybes about it! The Maybees won the **Comfort Quilt Draw** again. Congratulations!

Kathy Porter-Cunningham’s eyes were as big as saucers with glee when her name was called as winner of the **Show and Share Draw!**

The **50/50 Draw** ticket sellers were the Hunters ... Marie and Denise (found out they were related!) And the winner of \$91 was ticket holder 6722902. And that would be Cheryl Borden! What a nice windfall heading in to the Holiday Season.

Thank you for waiting so patiently! The winner of the Christmas Kaleidoscope **Block of the Month** was ... Jane Maddin! Her goal to have them put together in time for the December party!

Did someone call my name? Why, yes they did! Margaret Biggs-Melanson won the **Door Prize!**

Holiday Party in December!

Our Holiday party is on Monday, December 5 at our usual time of 7:30 to 9 p.m. There will be fun and games with the left/right fat quarter exchange with seasonal fabrics if you have any, along with other games and lots of prizes! There will be more prizes with the President’s Challenge. Show and Share of Christmas items and prizes! Half the 50/50 draw will go to a lucky winner and the other half will be donated to the food bank. No food or drink this year due to the ‘triple threat’ of covid, flu and such, but you all will be going home with a goodie bag from the Executive!

Meeting Adjourned!

YOUR 2021-22 MAYFLOWER EXECUTIVE

President	
Vice President	
Past President	
Secretary	
Treasurer	
Membership	
Communications	
Email, photographer	
Correspondence	
Workshops	
Newsletter	
Website	
Program	
Social Media	
Library	
Library Asst.	
Food Bank	
IWK Quilts: Victoria's Quilts: NS Hospital: Police Quilts: Bryony House:	

Quilt Canada 2023 News

By Carole McCarville (Canadian Quilters' Assn. (CQA/ACC) Executive Director)

Have you heard? Quilt Canada is coming to the Halifax Convention Centre June 7-10, 2023.

On the evening of June 7, join the Opening and Award Ceremony. Then from June 8-10, the quilt shows, merchant mall, lectures and workshops will be open for you to enjoy.

Over the coming months leading up to the conference in June I would like to share with your guild the plans for this exciting conference. To start, let me give you an overview of what to expect in June.

Did you know that all under one roof you will find the following quilting activities:

The National Juries Show- with the best quilts in Canada displayed with over \$20,000 dollars in prizes distributed amongst the 7 categories, 11 awards of excellence and 5 special awards.

Merchant Mall – Vendors continue to sign up for space in the merchant mall. As of this date we have close to 40 vendors signed up and we anticipate more to sign up over the coming months.

Concurrent Quilt Shows – not only can you view the National Juried Show, various groups and organizations will also be exhibiting their own shows within the convention centre

The CQA/ACC Challenge Shows – The quilts in these 4 shows: Individual Member, Guild Member, Youth and TrendTex Challenges, are created following the theme and guidelines for each challenge. You will be amazed what quilters imagine when they hear of the theme for each of these shows!

Daytime Lectures – The ten daytime lectures are reasonably priced and allow you to rest your feet and learn about all kinds of quilting related topics.

Evening Keynote Lectures - Two very popular and well-known quilt teachers will join us in Halifax, Gloria Loughman from Australia and Carolyn Freidlander from the USA. Their evening presentations are not to be missed.

Workshops – Twenty-seven workshops are being offered by twelve different teachers, from near and far. Some are hand work classes and others are on domestic sewing machines provided by various sewing machine companies. If you are taking a class using a machine you do not have to bring your own.

Note that quilt shows, lectures, workshops and merchant mall are available June 8 – 10. The hours that the convention is open are 9:30 am – 6 pm on Thursday and Friday and 9:30am to 4 pm on Saturday.

Many people ask about volunteering and we would love to have you join us and help out. General volunteer sign-up starts in March and I will bring you more information about that in January 2023.

Entry passes for the quilt shows and merchant mall are \$25 + tax online and \$30 (includes tax) at the door. Lectures and workshops are individually priced and available to be purchased online through the registration form. Registration for workshops and lectures will start on February 14 for CQA/ACC individual and professional members for the general public on March 1.

Save the dates and we will see you in Halifax in June 2023 for Quilt Canada!