

Points East

Meeting at the Woodlawn United Church
53 Woodlawn Rd. Dartmouth

Upcoming Events

February 27th 2023
Next meeting: 7:30p-9:00p
Doors Open at 7pm

Open Sew Day

Upcoming open sew days will be held on Thursday afternoons 1pm – 4:30pm on the following dates:

Feb 23
March 9
March 23

Open sew days are located at St Andrews community centre 3380 Barnstead Rd. Halifax.

The cost is \$5 per person

Reminders

- Bring your name tags (you need them to win a prize & they help us learn who you are).
- Money for 50/50 draws (Although it's not required, smaller bills are appreciated.)
- Masks are required
- Please be respectful of those who still wish to social distance.
- Library Books

February Program

Ron Cleaveley & Elaine Gray

Have you ever bought or received fabric and wondered what was I thinking?

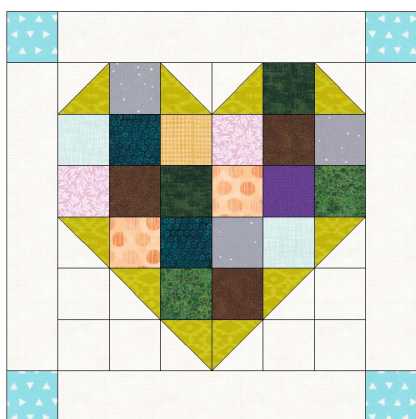
Let's discuss what we can do to use it up. Bring an example of an ugly fabric or an example of how you used it. Give us your suggestions on how it can be used.

If the fabric is so ugly maybe someone else will want it. After all beauty is in the eye of the beholder.

Yes even the dreaded purple may have its place

February Block of the Month

Our February block of the month is a heart of any size or style.



Social Media

Robyn Joubert

Good day from Social Media!

We are steadily growing our followers. We already have 95 followers on Instagram! We're always looking for things to share on our social media so if you have something, please email mayflowerqgsocial@gmail.com. Have ideas of what you would like to see on our social media? Let us know!


Instagram @mayflowerquiltersguild
Twitter @MayflowerQG


Encourage family and friends to follow too, let's start building our presence and attracting new people.




Presidents Message





Kathy Porter-Cunningham



I hope everyone was able to stay warm during the polar vortex weather event. A good thing about being quilters is we all have lots of cozy quilts to snuggle under and to share with anyone else who might need one!



Since it's February and Valentine's Day soon, I was doodling a baby heart  quilt pattern at the breakfast table when my husband asked me if I hadn't already made enough quilts for our grandson. Thomas is now four and a half months old and I've only made him 3 quilts and one of

them is Christmas  themed so it can only be used seasonally which means he really only has 2 quilts, and what if both of them are in the wash at the same time!? So, what do you think? Should I

make him a heart  quilt? I am thinking rainbow  and heart  themes combined and I already have fabric left over from his rainbow

 giraffe  quilt so I don't even have to leave the house to start it and it would then coordinate with his rainbow  and giraffe  room theme and it would be able to be used for more than just

February because hearts  stand for love  which is not just restricted to February and..... I guess you'll just have to wait until our next meeting to see if I have something for Show and Share!

I hope you are all finding lots of inspiration and using your creativity to make more quilts. Hey, what about a polar bear  vortex quilt and I'm still thinking of a temperature  quilt.... Wait a minute, couldn't those two themes also be combined? Where's my quilt note book, I have another idea!

Our program for February is about ugly fabric. I went looking through my stash and found a few really good examples. I was relieved to see that every one of them were fabrics that had been

gifted to me and I had not spent any of my quilting budget on them..... I assume they were gifted to me because the original owner couldn't figure out what to do with them either! However, I do have one project bin where I started a kaleidoscope / one block wonder quilt with incredibly bargain basement priced fabric, which was not the prettiest fabric to begin with and, unfortunately, is still not the prettiest after being cut up and sewn back together either. My son aptly called it all the colours of mold!

I hope to see everyone and the beautiful quilts you have made at our next meeting and learning if there is something I can do with some of my ugly fabric. Just a reminder that our next meeting is a little later in the month than usual due to the Heritage Day holiday (Oh my, so many themes for a quilt in that one word "heritage".) and will be on Monday 27 February.

Until we meet again, may your bobbin always be full.

Quilt Canada 2023 News – for February 2023

Carole McCarville

Many hands make light work – Quilt Canada 2023 Will Need Many Volunteers

Behind the scenes we are getting ready for the big conference in Halifax June 7 – 10 at the Halifax Convention Centre. And a very important part of a successful event are the many volunteers that help out in many different ways.

CQA/ACC is hoping you will consider lending your time and talents at the national quilt conference to welcome and assist attendees from both near and far.

There are many different types of volunteer positions to be filled with shifts ranging from two to four hours. Information in regards to volunteers will be added to the main volunteer page, <https://canadianquilter.com/volunteer-at-quilt-canada-2023/>, throughout the months of February and March.

Volunteer Team Leads

In February, CQA/ACC will finish recruiting the Team Lead volunteer positions. We still are looking for a Concurrent Show Team Lead, a Show Set-up and Take Down Team Lead and a National Juried Show (NJS) Team Lead (Note: For the NJS Team Lead we need help at the show only as we have a volunteer to accept the quilts as they are shipped to Halifax). If you are interested in a leadership position please visit the Volunteer page on the [canadianquilter.com](https://canadianquilter.com/volunteer-at-quilt-canada-2023/) website, which is <https://canadianquilter.com/volunteer-at-quilt-canada-2023/>, now to see the job descriptions for Team Leads. And if interested, fill out the application form which is on that page as well.

Classroom Assistants (formerly known as Classroom Angels)

The job description and application form for the Classroom Assistants will be loaded onto the website volunteer page on February 27. The assistants are needed in the 30 workshop classrooms to assist the instructors and students with various items during the course of the workshop. For full day workshops these are 8 hour shifts with a lunch break when the teacher releases the students for their break. And half day or evening workshops (youth classes) are 4.5 hour shifts.

General Volunteers

With everything from hanging and taking down quilts, selling entry tickets, white gloving at the NJS, giving information to visitors and door attendants, to name a few of the positions, there is likely some role available for you to lend a hand.

The job description for all these positions will go up on the volunteer page <https://canadianquilter.com/volunteer-at-quilt-canada-2023/> in mid February. Sign ups will be through the online system, Signup Genius, which will be available starting the last week in March. Through this online portal, you will be able to choose your shifts from those available on the Signup Genius grid. And you can signup for 2 two-hours shifts in a row, or for just one two hour shift. You can sign up for shifts on several different days or times of day, it is all up to you.

Workshop and Lecture Registration Opens Soon

For CQA/ACC Individual Members you can register starting Feb 14th. (Discount period is from Feb 14 to Feb. 28).

If you aren't a member yet you might want to consider joining before Feb. 14 to get the 10% discount on the workshop fees.

If you are not a member of CQA/ACC you can register for workshops and lectures starting March 1.

We hope to see you in Halifax, both as an attendee and a volunteer for a "quilty" good time!

Please reach out to me, Carole, at 902-388-4848 or

executivedirector@canadianquilteradministration.com if you have any question.

Quilt Musing

Jane Maddin

This month's quilt musing is entitled, "How to Make a Quilt." Or, at the very least, "How I Make a Quilt." I have been thinking about this lately, because I have made 2 quilts with many many pieces in the past year and I am now in the throes of another. Someone asked me why I was making this one, and I am making it because I want to have made this quilt (and it is going to be beautiful when it is done!)

I will share some facts about this quilt. Each block has 113 pieces of fabric. There are 16 blocks. The sashing is pieced. And the outside border is really pieced. I have not finished the blocks yet, so I have not counted the bits for the sashing, and I have the border pieces all made, but the borders are not assembled. I report this, not so that you will shake your head and wonder what is wrong with me, but to illustrate a point. I did NOT count the number of pieces in each block before I started making them. What I did was what I was told to do, as I was told to do it.

Okay, let's back up a bit. How I make a quilt is, I find a pattern I like and I acquire the fabric to make it. (I may pull it from my stash, or I may go and buy it, but usually it is a combination of the

two.) I make sure I have the tools to actually make the blocks. And I start at the beginning and I do what the pattern tells me. (Mostly.) (Usually.) I will admit, this sometimes fails me. I did make a quilt where I needed a stack of flying geese units. I know a more efficient way to make them, but the pattern told me to do it in a less efficient manner. I ran out of fabric (it was a block of the month and I was away on holiday, and I had no spare fabric with me.) (Was I amused?) When I did the second block, I had enough left over fabric to make the flying geese and I did so using my efficient method, and all was well. (Or at least better.)

I will also admit, that occasionally, after making 8 times 16 quarter square triangles (so this is 8 x 16 x 4 triangles {that is 512 triangles} that need to be sewn together into squares) and then need to be trimmed, I might run out of trimming oomph, and only have 8 of them trimmed at a time. I will further admit that I sometimes read ahead and actually make an entire block instead of just making all the parts for each block, just so I can see how it is going to look. (For motivational purposes, you understand!) Oh, and I also, often, have something simple on the go at the same time. So I don't get bored, right? (And also, so that I have something that I am making visible progress on!)

I don't try to finish it in one day. I do try to do SOMETHING every day. Even it if it is just a small amount. I am making a scrap quilt while I make the complicated quilt and I have set myself a goal of making 2 scrap blocks per day. (They are fun and easy to do, and I have to remind myself to actually work on the bigger, complicated blocks.) I occasionally miss a day... so some days, as a reward, I make 7 of them, or 4.

I am at the stage of assembling the blocks on the complicated quilt. I generally make 1 a day, and lay out a second block. If, however, I don't actually get a whole one put together, that is okay... I do try to put part of it together. Or trim two sets of 8 QSTs, anything to make progress on the assembly. And, if life throws me a curve ball, and I can't get something done today, that's okay too. Stuff happens. If things get out of hand, I can put it all in a box... pattern, rulers, fabric, finished

parts, mushroom trays of 9 patches and QSTs... all together in one place, and move on to something else, temporarily! I do not hide the box though... (I have a pair of glasses in a very safe spot which I have been looking for for three days...) I generally take a photo of it, wherever I put it and put that in the Facebook album with the progress to that point! And I go right back to it when I can. I try not to start anything new before I finish the current quilt (although I may have to stop to quilt something...)

So that is how I make a quilt. Small, daily steps. I wonder how things work for you!

Yours in Quilting, Jane Maddin, Butcher of Blocks

March Block of the Month

Rita Solkin

So what does a quilter do when they hit a creative wall – they make bricks! This is a fun little pattern that makes good use of little scraps. Make a bundle of them and you have a quilt in no time for charity or for yourself. You can make it in just batiks or you can mix it up. Use medium to dark border fabrics with light holes, or light border fabrics and medium holes.

In Border fabric cut:

2 - 8 1/2" by 2 1/2" strips

2 - 6 1/2" by 2 1/2"

In Holes fabric cut:

4 - 2 1/2" squares



President's Picks

Kathy Porter-Cunningham

This is a new website to me but has been up since at least 2007. Mary Johnson has very simple free pdf instructions for at least 125 quilts. She does not give yardage requirements or much detail as she assumes you have basic quilt knowledge.

Website: MaryQuilts.com

The Fat Quarter Shop has a free heart/envelope quilt block pattern called Love Note. One block is 20.5" x 24" so makes a nice wall hanging but it wouldn't take you long to make a nice sized quilt with such large blocks.

pdf pattern: [Love Note Quilt Pattern | Free PDF Fat Quarter Shop Exclusive | Fat Quarter Shop](#)

Riley Blake Designs has a free heart quilt called Love at First Sight based on 5" squares with large 27.5" blocks so only 4 blocks with a couple of borders makes a 67.5" square quilt.

pdf pattern: [AtFirstSightLoveFreePattern.pdf](#)

Carol Thelan has a free tutorial and pattern to make an easy weave block. It looks complicated at first, but broken down you only make 4 different colour variations of the exact same block which is made of one half-square-triangle piece and two quarter-square-triangles pieces. Her pattern is based on a 12" finished block (made up of 4 of each the 4 triangle block units) but it would be very easy to enlarge the triangles to make a much quicker quilt. I also learned that by snapping a piece of fabric on the straight of grain, you can figure out which is the length of grain and which is the width of grain by the higher or lower pitch of the snap!

YouTube tutorial:

<https://youtu.be/ozMOVgghJMI>

PDF pattern:

<https://drive.google.com/file/d/1dXeGTYear1Gw6ZdEQQuewBrSSsE8VRT-k/view>

NOVEMBER SHOW & SHARE	
Name	Description
Joan Cleveley	Baby Quilt – Stax
Jane Maddin	Baby Quilt & Teddy Bear
Marie Hunter	Shadow box & Blue Quilt
Linda Mayette	Navy Boxes
Kathy Porter-Cunningham	Baby Wedding Rings Baby Rudolph & Christmas lights
Kim Burgess	Child, Wheelchair Lap quilt
Susan Dunn	Diamond Patch, Christmas Quilt
Susan Taylor	Christmas table runner
Katie Puley	Jacket & 2 Table Runners
Colette Dunn	Queen Quilt 50 th anniversary
Claudia Spence	Lap Quilt

DECEMBER SHOW & SHARE	
Name	Description
Ruth Messer	Wall Hanging
Jane Maddin	Xmas Kaleidoscope
Elaine Gray	Table Runner
Alison Fielding	Christmas quilt
Kathy Porter-Cunningham	Under the Moostletoe
Janet McNamara	Christmas Stockings
David McIKay	Runner, place mats Christmas trees & Bag
Gillian McDougall	Christmas Bed Quilt Log cabin Wreath Hanging Wreath Hanging
Robyn Joubert	Elf Table Runner
Marie Hunter	Table Runner Christmas sock
Jayne Miller	Tree Quilt Gift Box Table Runner
Dawn Ring	The Grinch Merry Christmas
Nancy Terry	Houses

JANUARY SHOW & SHARE	
Name	Description
Denise Hunter	Purse & Penguin
Jane Maddin	Purple Wall Hanging Jay Wall Hanging Jane's Studio Hanging
Marie Hunter	Turtle, Cape, 3 Quilts
Debbie LaViolette	Lone Star
Claudia Sence	Pinwheel Nine Patch Blue
Linda Mayette	the Wild One Xmas, Temp

Donation Quilt Sizes

IWK: Premie - 36x36 up to 36x40 *These quilts must be 100% cotton, thin batting, with flannelette or cotton batting. Machine quilted with cotton thread

Bryony House: Various sizes from Crib, 30x46 up to 36x50; Youth, 45x60; Lap size for older children and mothers, 50x70

Police Cars: Crib size, 30x46 to 36x50

Mental Health Foundation: Single bed, 65x88

Quilts of Valour:

Approx: 55x70, they do not have to be red & white

Each month our members show how much they care about those in our community through their donations of quilts, time and food and these donations are collected by several members of our guild to be distributed to the proper locations.

We are hoping to make this task slightly easier for those collecting the quilts by putting a small piece of paper with a safety pin on a corner or the back of the quilt to identify the proper organization to receive the quilt.

We feel that it is important that these quilts are delivered to the organization that you intended them for, and this will help avoid confusion.

NOV – JAN COMFORT QUILTS	
Name	Organization
Vivien Worden	Bryony House
Jane Maddin & Lorna	Quilts of Valour
Jane Maddin & Gillian McDougall	Quilts of Valour
May Bees	IWK Premie x3
Anna Healy	Quilts of Valour

Recipients	Suggested size	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Total
Bryony House	Various Sizes	3	4			1					8
IWK – Premie	24x24" to 36x36"		9	3							12
Victoria's Quilts	Must be backed with flannel			4							4
Blankets of Love	Single Bed – 65x88"										0
Police Dept.	Youth – 40x48		1								1
Quilts of Valour	Approx. 55x72"										0
NS Hospital		1	1								2
Grand Total of Comfort Quilts Donated For 2022-2023 Fiscal Year											27

Dear Aunt Bee;

If you have quilting questions or a story you'd like to share, Aunt Bee would love to hear from you!

Please send your emails to our newsletter editor by the 27th of each month with the subject line "Dear Aunt Bee".

mayflowernewsletter@gmail.com

Treasurers Report

Leslie Dixon

Treasurers Report

For the 9 months ended 31 January 2023

	Actual to 31 Jan 23	2022-23 Budget
Opening bank balance 30 April 2022		
<hr/>		
Income		
Membership		
50/50		
Miscellaneous		
Total Revenue		
<hr/>		
Expenses		
Books		
Newsletter		
Rent		
Program costs/Prizes		
Administration		
Publicity & Promotion		
Postage		
Insurance		
Post office box		
Web Hosting		
CQA Sponsorship		
Membership/ 50/50 Costs		
Total Expense		
Balance 31Jan 23		



Ryan's Case for Smiles

Lorna D'orsay

Ryan's Cases for Smiles is inviting our Guild to take part in the "Miles of Pillowcase Smiles" in September. They would like Halloween or Christmas cotton fabrics especially, but any bright and cheerful cotton will do. September is "Pediatric Cancer Awareness Month". Once again, I'll collect the pillowcases and arrange with Anne Newcombe for delivery. You can start bringing the pillowcases to our next meeting. For more info on Ryan's Case for Smiles and directions for making the pillowcases, check out <https://caseforsmiles.org/>





LEARN & EXPLORE VINTAGE WINDMILL

with Krista Moser, The Quilted Life

A quilting and fiber arts enthusiast, Krista started sewing at 8 years old. She began her professional sewing and machine quilting career at the spunky age of 14 and has been teaching sewing and quilting lessons for more than 20 years.

The **Vintage Windmill** pattern combines charming color combinations with simple shapes to create a secondary design that is deceptively easy.

For this project, you will be required to have the Creative Grids 60 degree Diamond Mini Ruler. Participants will be able to purchase the PDF pattern at a 50% discount.

Diamonds and triangles are arranged to create a one-of-a-kind quilt with no Y seams!

If you have been wanting to break out of the same old quilting routine and try something different, this pattern is just the thing.

Finished size: 63" X 68"



Zoom Workshop

11 am – 5 pm
March 25, 2023

Members \$35
Non-members \$55

E-transfer to
mbqgtreasurer@gmail.com
To reserve your spot

Location

Online (Zoom)

Register

by March 4, 2023
to josiewall1959@gmail.com

Skill Building

- No Y seam construction

Material List

- *Sewing machine
- *Rotary Cutter, mat & ruler
- *Basic sewing supplies
- *Creative Grids 60° diamond MINI ruler
- *Vintage Windmill PDF Pattern
- *Fat Quarter Friendly

January Minutes

Mayflower Quilters Guild
January 16, 2023

Happy New Year to you all! There were 40 members in **attendance**.

There were the usual **Housekeeping Announcements**, the most important being that you **sign the attendance book** with your name and phone number. Should there be an evacuation, we are to meet at the pond side of the parking lot and the book would be used to make sure everyone evacuated safely.

Margaret Biggs-Melanson, Secretary, moved that the **21 November 2022 Minutes**, be adopted as printed in the January 2023 newsletter. Rhoda Moore seconded the motion. All in favour. Motion carried.

Leslie Dixon, Treasurer, moved that the **Treasurer's Report** be adopted as printed in the January 2023 newsletter. Seconded by Denise Hunter. All in favour. Motion carried.

Membership - Linda Meyette reported that we have 80 Regular members and 37 Life members, for a total of 117 guild members.

Library - We are still looking for a **Library Assistant!** Can we have a volunteer?! Thank you to Suzanne Claveau who has graciously offered to temporarily continue in this position even though her term has ended. So please ... **can we have a volunteer, please!**

Block of the Month - Rita introduced the February Block of the Month which is 'Any Valentine Block' you wish to make. She had a 'Heart and Butterfly' block as a sample. If you make four, the butterflies in the middle chase one another. She will provide the pattern for this block, however you can make any block you wish. The winner of the January Block is ... not yet!!!

Workshop Coordinator - still looking for an interested volunteer!

Sew Days - twice a month from 1 to 4:30 p.m. at the St. Andrew's Community Center in Halifax. Dates: January 26, February 8 & 23, March 9 & 23. See January newsletter for details.

Program - Ron Cleaveley
Guest Speaker, Carole McCarville, CQA Executive Director - trunk show of 30 wall hangings from Quilt Canada 2022, and information about Quilt Canada 2023. Information was provided in the January 2023 newsletter and more will be provided in future newsletters. . Please check their website for all the details that you will need.

Volunteers Needed! They need around 300 general volunteers to help make the show a success. You can sign up for two hour shifts but can also sign up for longer shifts as well. They also **need someone with space!** They need someone with the space who can handle receipt and storage of 200 quilts. It has to be a non-smoking environment and pets are to be kept away from the quilts.

Program for February - Ron Cleaveley
"What to do with Ugly Fabric". Do you have fabric that you think is absolutely ugly. Bring in a fat quarter to dispose of and find out what you may be able to do with it. Also bring in samples using 'ugly' fabrics successfully ... or unsuccessfully!

Perhaps you can find a new home for your ugly fabric with someone who just loves it! Beauty is in the eye of the beholder. What is ugly to you just may bring joy to someone else!

After the break, there was a lovely show of all the lovely things people have been making, and not just quilts. There was a turtle pillow and a 'wonky' bag that looked just lovely for transporting your knitting projects!

The Draws!

Comfort Quilts - Vivian Worden had no competition for the prize. She was the only entry.

Show and Share - Congratulations to Debbie LaViolette. Enjoy your prize!

50/50 Draw - Tickets were sold by the Hunter girls, Denise and Marie. And the winner of the draw was the owner of ticket number 6723430 and that was Joan Cleaveley! Will she share the \$62.50 with Ron ... LOL!

Block of the Month - There was a bit of a twist to choosing the winner. The original winner passed on the prize but who should be the runner up ... her friend! Congratulations to Barb MacDonald.

Door Prize - Janet Ward has her name pulled from 'the bucket'. Congratulations and enjoy.

Tip! Kathy Porter-Cunningham shared a tip. When washing items using red fabrics, throw in a 'dye catcher'. It was very fortunate that she did so. She showed her 'dye catcher' and it was as

red as red could be. But her projects came out perfectly, with no colour bleeding to areas where it shouldn't be.

See you next month on the 27th of February. **Please note** that it is the 4th Monday of the month, due to the Heritage Day Holiday on the 20th.

Meeting adjourned.



YOUR 2021-22 MAYFLOWER EXECUTIVE

President	
Vice President	
Past President	
Secretary	
Treasurer	
Membership	
Communications	
Email, photographer	
Correspondence	
Workshops	
Newsletter	
Website	
Program	
Social Media	
Library	
Library Asst.	
Food Bank	
IWK Quilts:	
Victoria's Quilts:	
NS Hospital:	
Police Quilts:	
Bryony House:	