



## MEETING DATE:

April's Meeting  
CANCELED

Dartmouth North  
Community Center  
105 Highfield Park Dr.  
Dartmouth

Additional parking on  
the Pinecrest Drive side  
of the community  
center

## Superstore Sew In Dates:

Please Follow up  
regularly for  
cancellations!

May 6<sup>th</sup> & 20<sup>th</sup>  
June 3<sup>rd</sup> & 17<sup>th</sup>

Joseph Howe Superstore,  
Halifax, 9:00am -2:00pm  
Cost: \$3.00 per person



# Points East



March 2020

Mayflower Quilters Guild

[www.wayfair.ca/decor-pillows/pdx/williston-forge-antique-sewing-machine-table-clock-c000810811.html](http://www.wayfair.ca/decor-pillows/pdx/williston-forge-antique-sewing-machine-table-clock-c000810811.html)

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## A Message From Our President

Jane Maddin

This has certainly been an 'interesting' quilting year! Who would have thought that a Global Pandemic would cause us to cancel meetings of the quilt guild (I can certainly understand weather causing cancellations!)

If there will EVER be a better time for a UFO (UnFinished Object) Challenge, I can not imagine it!

So how, as my mother would have said, are you getting on? Are you finding this self isolation, and social distancing difficult? Are you spending more time on the phone, or the computer connecting with your friends? Are you working from home, if you are still working? How are you getting on with your UFOs? Or, if you are like at least one member of our group, who told me that he does not start a new project until he has finished his current one (I had an epiphany when he told me that, by the way!), how are you getting along with the work currently in progress?

Here's my advice: Try to spend at least a little time each day doing something fun! And if that fun thing is quilting, all the better!

I don't know for sure when we will get back together again, but I would like to say; I am thinking of you, I want you to stay safe and I am surely looking forward to seeing the Show and Share that we have after this is all over!!

Yours in Quilting  
Jane Maddin, Prez



## REMINDERS!

Due to the ongoing pandemic that is COVID-19 all monthly meets will be reviewed by the executive to determine the best course of action for the members of our guild.

Our primary concern is the safety and well being of our membership! That being said, as much as it may sadden us not to be able to meet, future meeting may be subject to cancellations.

We will do our very best to keep you informed as the situation progresses with as much notice as possible.

Links to Free Face Mask Patterns:

<https://www.craftpassion.com/face-mask-sewing-pattern/>

<https://freesewing.org/fu-facemask-freesewing.org.a4.pdf>



## Programs

Marilyn Montgomery & Ron Cleaveley

All programs for March have been postponed.

Now is a great time keep working on your UFO challenge and design ideas for a new banner!

## Quilt Musing

Jane Maddin

I have often felt that worrying is a waste of time. Here's why. If you worry about 'it' and 'it' happens, then the worrying did no good. And if you worry about 'it' and 'it' doesn't happen, then think of all the time you wasted worrying about something that didn't happen at all. And quite often, the thing that we worry about, is not the thing that happens anyway. What I try to actually do, is PLAN. I figure out what I can do to make the situation as good as it can be, and then I make a LIST.

Lists help me in lots of situations. I seem to be one of those people who are easily distracted – Oooo, look, a squirrel! What was I saying? Oh yes, easily distracted. So a list helps keep me on track. And when times are stressful, I find settling down to do something is often very difficult. So I make a list.

My list breaks the task I want to do into manageable parts. It reminds me of the things that need to be done on specific days (which is dandy IF I can remember what day it actually is!) And it gives my distractable brain something simple to focus on. Just writing things down is useful, because when my brain is all over the place, my memory does not seem to work just right – and I seem to spend time trying to remember what I wanted to do. Once it is written down, I can forget about it. (I do have just one place that I write things down – I have a hard cover book. On the rare occasion that I use a note paper or a post it note, they get stuck in the book – I literally tape them in there.)

I also find that I get tired of doing the same step over and over. (I don't think I would do well in a factory.) Quilting, however, is made up of a zillion little steps. And sometimes (shhhh! Don't tell anyone!)

sometimes you can do some of them out of order. So if you are SICK AND TIRED of cutting, sewing and TRIMMING half square triangles (or whatever), you might be able to cut the sashing, or make the cornerstones or assemble the backing, and break the job up a little.

I think that is why I enjoyed making the 365 Quilt Block Challenge quilt so much. Every day there was something different. (That worked really well until November when I decided I needed to make it bigger and I added another 100 blocks to it.) Sometimes a goal is helpful too. By the time I finished all those blocks and got that gargantuan quilt top put together, I decided I HAD to get it quilted immediately – because if it went into a box and into the

**Our website is**  
<http://mayflowerquiltersguild.ca/>

**Be sure to follow us on  
Twitter**

@MayflowerQG  
Tag us on any tweets  
you'd like to share with  
the rest of the guild.

**Kathy Porter-  
Cunningham's blog:**  
[allikatquilts.blogspot.ca](http://allikatquilts.blogspot.ca)

Our newsletter is now  
being featured on our site  
as well (edited version)

**Bruce & Susan Taylor's  
Facebook:**  
[www.facebook.com/tlcquiltstudio](http://www.facebook.com/tlcquiltstudio)

**Barb Alexander of Bali  
Fiber Tours:**  
[www.balifibertours.merit.ca](http://www.balifibertours.merit.ca)

**Sew With Vision:**  
Be sure to check them  
out at their website and  
on Facebook for up  
coming classes.

### **Store closures**

Atlantic Fabrics  
(call/send in pick up or  
deliver orders only at  
their Dartmouth  
Location)

Avonport Discount  
Fabrics

Fabricville

closet, I might NEVER finish it – and it was too much work and too many resources to not finish!


It is amazing what progress you can make, if you do a little bit of work on a project each day. I find that this is particularly true with quilting. I try to write a reasonable goal on my list. If I am having a great time, things are going well, and I want to do more than I have written on my list, that's just fine. Sometimes, if I am ALMOST done the item on my list, but I don't feel like finishing, the fact that I will be able to cross it off the list actually provides the motivation to finish. And if I really, really, REALLY don't feel like it, or something goes wrong and I have taken longer on one part than I expected, then I certainly have permission to defer that next step – the one that didn't get done – to the next day's list.

As for stressful situations, well! Globally, I don't suppose we have ever been in a more stressful situation. And the worst of it is, we keep cancelling our Quilt Guild meetings. (Okay, I realize that that is not actually the worst of it.) However, if you can stay focused, and you make a list, plan your way through it, and work a little bit everyday, just THINK of the WONDERFUL Show and Share that we are going to have when we have our next meeting.

And remember that Stash that we were discussing organizing a couple of months ago! Now is the time! Pull that stash out, cut it up, sew it back together and make something amazing! One piece at a time!

Thinking of you all! Be safe and healthy.  
Yours in Quilting,  
Jane Maddin

### **Items of Interest:**

 Mayflower Quilters Guild will hold their Annual Quilt Fair and Sale at Scott Manor House, 15 Fort Sackville Road, BEDFORD from August 10-15, 2020 daily from 1-4 pm. Members are invited to participate in this event. The mini quilt can be any design you wish... pieced, appliqued or any combination thereof. It must be quilted with three layers, by hand or machine, and have finished edges.

Your quilt will not be judged or graded, so don't feel like you're not good enough, just play along with us! This is meant to be fun!

 Mahone Bay Quilters Guild 20th Annual Tea with an Extraordinary Quilte

Due to the ongoing situation with the Corona Virus, the Mahone Bay Quilters Guild executive has made the difficult decision to cancel our Extraordinary Quilter events for this year. I know you were all looking forward to coming to our EQ Afternoon Tea on April 22.



Plans are already underway for spring 2021, unfortunately we can't reschedule Mary Elizabeth Kinch, we have canceled all Guild activities till the end of May and maybe until September. Our bi-annual quilt show is scheduled for September 25-27 in conjunction with the Mahone Bay Scarecrow Festival."

## Allikat's Corner:

Kathy Porter-Cunningham

I hope this finds you and yours safely social distancing at home. I believe that we are all fortunate to have our quilting to help us pass the time and calm our nerves. Here are a few ideas for projects in case you don't have enough UFO's of your own to work on. When this is all over and we are able to meet again, we should have the biggest show-and-share ever!

You can find a list of a dozen sew alongs here. Some have recently started, some are over but the patterns are still available and one starts April 13.

[https://sisterschoice.typepad.com/sisters\\_choice\\_quilts/2020/03/sew-alongs-you-might-love.html](https://sisterschoice.typepad.com/sisters_choice_quilts/2020/03/sew-alongs-you-might-love.html)

Bonnie Hunter is starting a medallion quilt sew along on March 30th. I certainly have enough to work on, but will likely join her as a medallion quilt is on my bucket list. There will be new instructions given every Monday. It requires three colours of your own choosing plus a neutral. Bonnie Hunter from Quiltville, Unity, Sew in Place Quilt Along

<https://quiltville.blogspot.com/p/unity-quilt-along.html>

Pat Sloan has just put out a daily calendar of sewing for the month of April and each day she will be putting out a video on the daily topic. She did the same for March.

Pat Sloan April Calendar & Fee Stay at Home Sew Along

<https://blog.patsloan.com/2020/03/download-the-april-calendar-free-stay-at-home-sew-along.html>

If you enjoy watching quilting tutorials, I have two favourites:

Jenny Doan from Missouri Star Quilts

<https://www.youtube.com/channel/UCWnhR7raxVFDHmDXqCIzuAw>

And Donna Jordan from Jordan Fabrics

[https://www.youtube.com/channel/UCx44Zf6KYNL53iky7insIA/videos?view=0&shelf\\_id=1&sort=dd](https://www.youtube.com/channel/UCx44Zf6KYNL53iky7insIA/videos?view=0&shelf_id=1&sort=dd)

If you are looking for inspiration, you can find instructions for hundreds of blocks here which you can search for by name or by size or just scroll through the pictures page by page. I have made several quilts using these patterns.

Marcia Hohn from Quilter's Cache <http://www.quilterscache.com/QuiltBlocksGalore.html>

If you are ready to quilt your top, you can find design inspiration from Natalia Bonner from Piece N Quilt who is showing a new quilting design every day for a year. She currently has over 300 videos posted.

<https://www.pieceandquilt.com>

These two websites also offer plenty of quilting designs as well as tutorials on how to machine quilt:

Lori Kennedy from Lori Kennedy Quilts

<https://lorikennedyquilts.com>

Leah Day from Free Motion Quilting Project

<https://freemotionproject.com/>

Whether you are religious or not, I hope you will find the following poem meaningful.

Yes there is fear.  
Yes there is isolation.  
Yes there is panic buying.  
Yes there is sickness.  
Yes there is even death.

But -

They say that in Wuhan after so many years of noise  
You can hear the birds again.  
They say that after just a few weeks of quiet  
The sky is no longer thick with fumes  
But blue and grey and clear.

They say that in the streets of Assisi  
People are singing to each other  
across the empty squares,  
keeping their windows open  
so that those who are alone  
may hear the sounds of family around them.

They say that a hotel in the West of Ireland  
Is offering free meals and delivery to the housebound.

Today a young woman I know  
is busy spreading fliers with her number  
through the neighbourhood  
So that the elders may have someone to call on.

Today Churches, Synagogues, Mosques and Temples  
are preparing to welcome and shelter the homeless, the sick, the weary.

All over the world people are slowing down and reflecting.  
All over the world people are looking at their neighbours in a new way.  
All over the world people are waking up to a new reality.

To how big we really are.  
To how little control we really have.  
To what really matters.  
To Love.

So we pray and we remember that

Yes there is fear.  
But there does not have to be hate.

Yes there is isolation.  
But there does not have to be loneliness.

Yes there is panic buying.  
But there does not have to be meanness.

Yes there is sickness.  
But there does not have to be disease of the soul.

Yes there is even death.  
But there can always be a rebirth of love.

Wake to the choices you make as to how to live now.

Today, breathe.  
Listen, behind the factory noises of your panic.

The birds are singing again  
The sky is clearing,  
Spring is coming,

And we are always encompassed by Love.  
Open the windows of your soul  
And though you may not be able  
to touch across the empty square,  
Sing.

Brother Richard Hendrick

Until we can meet again, stay safe and make a quilt.

(If you have favourite links you want me to share in future newsletters, please e-mail me  
at [allikatquilts@gmail.com](mailto:allikatquilts@gmail.com))